

Salads and Vegetables Menu

SALADS AND VEGETABLE OPTIONS

Traditional Summer Salad with Baby Leaf Lettuce, Cucumber, Spring Onion, Cherry Tomato, Radish and a choice of Dressings – Balsamic Vinaigrette / Honey And Mustard Dressing

Honeyed Red Cabbage, Carrot and Onion Coleslaw

Tomato, Mozzarella and Basil Caprese

Grilled Peach and Feta Salad

Spicy Chickpea and Vegetable Cous Cous

Mixed Grain Salad with Seeds, Nuts, Capers, Pomegranate and Coriander

Thai Mango Salsa with Mixed Leaf

Grilled Courgettes with Mint and Lemon

Suffolk Blue Cheese and Walnut Salad

Asian Carrot Slaw, Ginger, Chilli, Garlic, Lime, Honey, Sunflower and Pumpkin Seeds, Coriander

Pesto, Spinach, Feta, Tomato and Olive Orzo Pasta

Watercress, Pea, Radish, Broad Bean and Almond Salad

Watermelon, Feta and Rocket

Tomato Salsa, Garlic, Chilli and Coriander

Traditional Potato Salad

French Beans and Edamame Beans with Fresh Herbs and Parmesan

Herby Courgette and Peas with Garlic, Basil, Tarragon and Lemon

Grilled Mediterranean Vegetables with Flaked Almonds

Warm Asparagus Salad, with Lemon, Parmesan and Breadcrumbs

A Medley of Roasted Root Vegetables

Autumn Pearl Cous Cous Salad with Red Onion, Cranberries and Pecan

Roast Cherry Tomatoes on The Vine

Crushed New Potatoes with Parmesan and Rosemary

Stir-Fried Cabbage with Garlic and Chilli

Patatas Bravas